

# Lessons from the Galactic Encyclopedia

## A Series of Twelve Energy Transmissions



### *Message Seven*

### *Releasing Addiction to Density*

*Through Wisdom Teacher Sri Ram Kaa & Angelic Oracle Kira Raa*

*Delivered at TOSA Ranch May 6, 2006*

Yes! Hello. What a glorious place to be. We look through the eyes and what do we see? You! How glorious. Indeed, it is most glorious.

### **Succinct Knowing**

It is the time indeed for succinct knowing. Yes Dear Ones, it is time for understanding that in succinctness comes all knowingness. It is imperative for you to no longer spend so much time doing chit-chat, discussing, what about, could be, don't know, maybe, if, how come, you could add to that list could you not? Hmm, yes!

Succinct knowingness is most powerful and most profound because in succinct knowingness is the truth of all that is. In the truth of all that is, in succinct knowingness, there can be no doubt. All doubt dispels because there is no chit-chat about the "what if" scenario.

You know this "what if" scenario? Yes. What if, what if, what if, how come, why not, maybe. In the "what if" scenario is a procession of non-succinct being-ness. In the what if mentality, one is clearly known by the power of their brain rather than the energy of the soul.

*Which do you wish to be?*

*A powerful brain, or an energetic soul? Indeed there is a great difference.*

In the power of the brain, you can create much brain food and the brain desires to be fed often. Indeed the brain is felt and fed and offered many collections of many energies with every declaration of doubt, every declaration of fear, every declaration that is not in succinct harmony with the energy of the soul. Your soul understands harmonic balance.

Your soul is an energy that floats in a harmonic universal pattern, as you may say, a geometric schematic, so to speak, that has it's own energy, it's own understanding. It has lovingly agreed to be present in your vessel, to be present for all that you wish to experience. You say, "Zadkiel we hear it, we hear you, we hear this, is not what you are talking about a separation in itself?" We offer you this, only if you empower the brain and deny the energy of the soul. Yes.

There are many who are in separation within. Many who have very powerful brains, do they not? Take a moment, in this moment, and call to your own knowingness, in this moment, how you would see one who has a powerful brain. What does that image look like for you, in this moment? Who do you see? What do you feel? Why did you call this one forth? Who, what and why?

In answering these questions, you will reveal your own being-ness, your own framework for energetic soul disruption. For the one that you have called forward in this minute is modeling to you that which still is permeating on the surface of your own soul recognition.

We are not saying you are living there, we are simply offering you a gift of recognizing many, many energies. You are at the time when these energies must come back into succinct being-ness. Succinctness. Succinctness is indeed an energy that offers clarity, always. All hypen ways (All-ways), just to make sure you understand.

Yes! So as this offers you clarity in all-ways, **imagine**, what would you be like in this moment right now with crystalline clarity. **It is**

**your birthright!** It **IS** you, and only in succinct being-ness can you fully embody that harmonic energy of soul recognition, so that everything offers you crystalline clarity.

## Accepting the Gift of Crystalline Clarity

All you simply need do is focus and the clarity is there. Ask and the answer is received. Recognize and be present with your own gift of knowing. And yet, you doubt. (Audience member nods yes). Yes, good girl, shake her head, yes for all, yes. Many doubt. What are you doubting? You are doubting the crystalline clarity of your own being-ness. Everything else that you doubt is a manifestation of the power of the brain. Everything.

Sometimes that is a hard pill to swallow. Pretty big one, no? Be like little horse pill, or a big horse pill, mmm, whatever. You say why can't I swallow this pill, it is uncomfortable. Well of **course** it is! It is not natural for you to be in that state of being-ness. Succinct being-ness. Crystalline clarity. Integrity with the energy of your own soul.

When you fear, you are doubting, are you not? You fear because you doubt Divine intervention. Or you doubt Divine presence, or you doubt Divine recognition of all that is unfolding before you now.

*Dearest beloved, wondrous beings of great Light, magnitude, depth, harmony and joy:  
We implore you, we implore you, to be at the time now  
to have crystalline clarity in all that you do.*

It is a great gift when you give yourself crystalline clarity. It is a great gift when everything you do; you do because you know the truth. To unfold your arms of doubt and denial and to open up your heart into the truth of your own harmonic understanding.

## Recognizing and Releasing Pain

Dearest children, in the understanding of succinct being-ness, in the understanding of your own crystalline perfection, you must remember the Four Knowns. (see Message Six, The Four Knowns) You must remember that you are **not** your body. You must remember that the mind is **your** servant.

*You must remember to be in integrity at **all times**.  
This **one piece**, this one piece, be in integrity with your soul at all times,  
that one little thing, simple little thing, will change everything. Everything.*

When do you sell yourself short? When do you compromise? When do you let others take advantage of you, when do you not feel joyous yourself? You know this drill, hmmm. At times you do. You must ask yourself, what in my beauteous harmonic soul needs to be remembered? It is not ever the one before you causing the pain. It is your own soul reaching out, that is asking you to pay attention. Pain is a powerful attention-getter, is it not? Any form of pain will get your attention. All-ways, with hyphen, yes. It is important to know this.

## The Cycle of Addiction to Violence

Dearest children, you are in a cycle right now, on this planet, involved with 3 other planets, two of which will appear within your solar system recognition, one by the end of the year, one by next year. You are in harmony with these planets, these planets are coming forward right now to support the end of the cycle of the addiction of violence. There is indeed an addiction to violence present on your planet that has been supported by other planets to help you culminate and go deep in this addiction.

Many, many, many, many of you know of addiction, yes! You know we talk about addiction, you say this one is addicted to this, addicted to that, 12 steps this, 12 steps that. What if we offered you one step? Could you do one step? It's not easy to dance with one step but you can do it! Yes!

*There is one step to breaking addiction: Commitment to understanding you are in it. That is the step. Everything else is the process through.  
And the step begins with your commitment.*



You are here! You are already committed! It is about remembering your commitment. Remembering who you are! Succinct beingness. Everything is crystal clear, no confusion, no doubt; therefore there can be no separation. As you recognize that you are breaking a planetary, inter-planetary and galactic cycle, that has supported beings of Light to enter into an addiction cycle, you are already standing forward as a mentor.

Do you understand mentor? Yes you do.

*Standing as a mentor means you must stand in your true power, filled with the Light of knowing, and un-knowing. You are able to move forward in all-ways, so that you are able to know crystalline clarity so that others may break their addiction.*

Why do you think we have asked you to make choices? Why do you think you have made these choices? It does not matter what the choice is, whether the choice is one or another, each choice made from the depths of soul recognition says I am committed to breaking the cycle of addiction, one way or another!

## Addiction as an Empowerd Cycle: Breaking Free

All around you, Dearest children, there is a cycle that is empowered, an addiction to violence. Now this has many manifestations on your planet. Many are addicted to violence by not knowing their own self-worth. So they allow themselves to constantly not be rewarded for being present. They allow themselves to give until there is nothing left, yet they do not receive.

*Until you learn how to receive you are not giving from a place of wholeness. You are giving from a place of violent addiction and actually feeding the addiction.*

Help each other break the cycle of addiction! Grab each other by the hands, cry in each other's arms, hold each other, remember, gaze into the brilliant star energy that you are one to one in all-ways, all the time. Can you do this?

Can you hold this energy of pure soul recognition 24/7 as you say? If you can't, then good for knowing, **practice!** It is who you are. Can you meet every opportunity from the shining Light of receiving the gift of the opportunity, even when the opportunity of what you call the scale of humanness may seem to be not comfortable. Can you see the greater Light? Can you see the greater recognition? Can you stand firm in a commitment to break the cycle of addiction? Can you?

This violent addiction has come into a great warble. This warble is most present on your planet now in the form of many, what we would call unjust war, aggression, killing, as you would say. It is an addiction, and many enjoy watching the news of this violence. Many are addicted, they must see it everyday, and must complain about it too. That is also an addiction. Must talk about how terrible it is while they are watching and reading, that is an addiction.

Dearest children, it is imperative, **imperative**, that as you lift into the 5<sup>th</sup> dimensional energy, addiction can not exist in that energy. This is a final step, you have entered the home stretch, and, thank goodness you have done work, as you say, because everything is culminating now.

## Recognizing the Energy of Ascension

You will rapidly see many mass ascensions, what a beautiful gift. What a beautiful gift. You will all know those involved. There is not one among you that will not know one involved, not one.

It is important for you to step into you own empowerment of soul energy, and to relax the power of the brain. Power of the brain versus empowerment of the soul energy, there is a great difference, dearest ones, a great difference.

When you are driving on the street and the accident is on the other side, do you stop? Must you look? Pay attention because that is what is happening, that is the addiction. That is the metaphor for all that is happening. What must you look at? What to you feel compelled to engage in? You must take inventory now with your self and recognize one thing, if you are compelled to engage in the addiction of violence, then engage in it!

Many say how can this be? We say Dearest, dearest, dearest children, you must remember, all choices are in divine perfection now. If you choose, if you truly choose to stay in the power of the brain, then you will need to very much be in the power the brain. If you do



not, the choice will be filled with confusion, filled with emotional upheaval, and filled with chaos that will be unbearable. If you choose, as we have offered many times, if you choose to stay in deep density, you must dig in deeper. You must.

If you are choosing to truly say I stand as a mentor of one who says I recognize there is an addiction to violence in All, and I recognize that as this addiction to violence is present, I stand as a mentor breaking free of this addiction. Then you must stand very clear in that too. Both choices are in divine perfection.

## Accepting the Chosen Path of Others

Now many say how can that be, how can that be? Why should we do all this work and be goody-two-shoes as you say, when those who go and do density, it's just going to be good for them too? Well you can have your steak and eat it too! Mmm, ha ha. OK. And we mean by this, quite literally, is that you are at the time of great energetic upliftment, and all, all, all, all on the planet and beyond this planet are indeed reunifying. How your reunification works, as they say, best word we can offer you, how your reunification integrates, better word, will be up to you, will be up to you.

We implore you, do not worry about the relatives so much! Often we hear you ask, "What about my son, my daughter, my grandchild, my husband, my wife, my brother, my sister, my mother, my father, can't I load them in a van and take them with me? Can I just blindfold them and say come on a little trip?".

It is important for you to stop worrying about them. It is an addiction. Your worry is an addiction. You are addicted to worrying.

What if, you could actually, indefinitely, be in gratitude for them modeling in front of you, divine trust? That you could look at them and say, "Wow, I am so grateful they are having this little tantrum experience. I am so grateful they think I am quite crazy and stupid or whatever, because they help me to empower my trust of divine service. Thank you."

*If you worry, if you obsess, if you shift because of another, even that which you call a biological relation, then you are still addicted to drama.*

***You must come clean with this within your self. Can you love them all through their experience, recognizing that your very presence, your very presence, You, Your Presence, Right Here, Right Now, Is the Gift! Is the Service! Do you want to model addiction, or do you wish to model the freedom that your mouth, your words, wish to tell them about. Your words are meaningless Dearest children.***

Can you argue with a drunk? No! The drunk will never hear you! You are in a world where all are addicted. How you respond to the addiction is how you will create your service. You are the greatest, most beautiful, Divine, precious Light-filled, stunningly wonderful being that has ever been. Know that. Model that.

When you see your own addiction coming forward, gift yourself by saying, "Wow, there it is! I can model not being addicted!" When the One you love so much throws their tantrum, or demands from you to enter into cycle of drama with them, love them for offering you an opportunity to simply honor their experience.

## Discernment versus Interference

Now we do not wish for you to misunderstand the gift of discernment, since many will say, "That sounds irresponsible, I have to do something." The ego says that, yes. The ego will always say that. If you are dealing with a young child, an adult must be available with discernment. Yet, when does one help and when does one interfere?

Help versus interference is a very challenging thing to look at when you are in the addiction cycle to violence, chaos and drama. When you are not filled with Light, when you are not coming from your Divine heart, when you are giving to give without receiving, know that the service is indeed interference, not assistance.

When you can go to your heart, when you can breathe in deep, when you can be on your own terms with your soul, so to speak, by simply saying, "I surrender to the Divine, I trust this process", the Divine response will come forward in front of you.



*The Divine response is to not act from worry or preoccupation or guilt.  
If any of those are in your factor for responding, it is not of highest service.*

Worry, guilt, hmm, big one. Also to find a sense of self-worth, many in the addiction to violence find their self-worth by conquering other countries, do they not? We must be more powerful than you, so we will just simply annihilate you, see how important we are?

***It is important Dearest children for you to recognize, you are at the time of great, glorious global awakening! You are also at a time of great, glorious Universal awakening. It is time to do more than talk. It is time to say I recognize that I have chosen to be in this glorious world of addiction, how fun! It is time to be a mentor of Light, if you so choose! And so we encourage you, be really addicted, or be a mentor. It is that simple.***

We recognize that this can be challenging to hear and Dearest children it is time, and you must hear this. How you respond is up to you! How you move forward is still your choice! You **always** have choice. And yes, all are integrating, all are reunifying, how you choose to do this is still your choice.

However we ask you, when is enough pain, enough pain?  
When is enough chaos, enough chaos?  
When is enough drama, enough drama?  
Do you wish peace in your life? Do you wish more love in your life?  
Do you wish more joy in your life?  
Then be succinctly here!  
Offer yourself the gift of crystalline clarity, in everything that you do.

## Practice to Integrate Succinct Crystalline Clarity

Bring your hands to the area of the star, right above 3<sup>rd</sup> eye. Yes. For many of you here, the cycle of many belief systems has patterned through, so your star consciousness opens only periodically. We are offering you an opportunity to break through.

Now breathe in deep. Yes. We are offering you this opportunity to truly touch, know, receive, and be present. Yes. Feel the warming rush of that which is Divine energy. That energy of the soul that holds onto you, that allows all Succinct Crystalline Clarity to come forward. That place where you are able to see others as the truth, as you see yourself. The place where there cannot be addiction because there is no fear, there is no doubt, there is no separation, there is no anger, there is only alignment. Breathe in. Yes. As you open this area more, your heart will open more, your heart will stay open, and your heart will be. Breathe.

Are you breathing the breath we offered you? (See monthly message Six) Some are, some aren't. It is important if you wish to stay more succinctly clear, to practice the alternate nasal breath we offered you. Practice often, even once a day. Even once a day.

Dearest children, you have been taking baby steps for quite a while, you are now taking giant leaps. In the giant leap, in the stride that is bringing you ever greater vibration and integration, breath, deep breath, alternate nasal breath, bringing the tongue up to the palate as we instructed last month, this will help you. Do it! Or not, of course, it is up to you, whatever you enjoy.

***If you wish to stay in density, we wish to offer you this, we love you dearly. For those of your family and friends that have made their choice to stay in density, know that they are just fine, they are ok. They are having their experience, they are serving well, as are you, in your choice.***

***If there was only one gift you could gift yourself in this time now, it would be to accept your choice with loving reverence so that you could truly love and have no judgment about the choices of all around those around you. See them for what they are. Understand. Be present. You are ready. You are growing up! Wow, and it is a beautiful gift. You are divinely ready. Questions...Yes!***

## Questions from the Community:

*Question:* Hello. Thank you for today, very helpful, in just with what you were sharing I have two questions. The third dimension and the fifth dimension, is that more just about a state of mind, it's not about going and doing certain work or doing certain things, it's more about how you perceive what it is you're doing, I just want to know if that's a true thing or am I off and also I'm getting ready to go out



more so into the world and is there some guidance there?

*Archangel Zadkiel:* Dearest child, you must first realize that the entry level step of the 5<sup>th</sup> dimension is indeed the state of mind as you describe, and yet Dearest child, there is very much a dimensional shift that the body can experience. This is why we encourage more practices, and you will find yourself ripening into this. As you go out, make contact with the plants and make contact with the animals, contact with these two realms calls you deeply. Plants. Animals. Plants. Animals. You are being called and many are talking to you, which is why your 5<sup>th</sup> dimensional energies must expand more, there is even more for you to hear from all of these beings than you are already hearing. Trust more and as you do, you will integrate more. Many blessings. You're welcome. Yes.

*Question:* Hello. I have a feeling and an inner knowing that I will be able to go into the Light Body this time around and I'm in such a don't know that I have no idea how, where, what to do, do you have any insight and am I, in fact accurate?

*Archangel Zadkiel:* Oh yes, Dear One, you are very accurate and there are many that will be with you, this will not be a process that you will do alone. Your choice has been clearly made and so all of the cellular structures within you are already aligning to support that. What you are modeling for many is clear choice and the recognition of clear choice, all you need do is stay in your clarity and to trust what you do not know as much as you trust that which you perceive to know. Indeed it is in the voice of the silent that the truth comes forward. Breathe more, trust more and carry forth the energy that you know is divinely true for you. Shortly, there will be more that will enter for you that will make more sense. Many blessings. Yes.

*Question:* I've been introduced to a new angel guide by the name of Sanat Kamara, what is Sanat Kamara's purpose?

*Archangel Zadkiel:* With you, the purpose of Sanat Kamara is to offer you a mastership key that has still been trapped inside of your heart. There are 4 chambers in the human heart. In the galactic heart there is an infinite structure of cellular opening. Many which permutations of the ego can hide in. You are being encouraged now to let those go and that is why this Divine One has come forward. Pay attention, they will offer you much guidance. Many blessings.

*Question:* What is the most direct path?

*Archangel Zadkiel:* The most direct path is the one that for each being opens their heart to their own direct expansion through joyous recognition that everything is in Divine order. From the Archangelic realm, we offer you energetic pathways, so that you may find that means. There are many, many, many pathways, all leading to the same path, the one path where the joyous divine recognition and the opening of the truth is undeniable, all-encompassing and graciously received. There are many pathways to get there. If you had a big circle, it would look like many spokes leading to the middle, yet in the middle, in the center of that big circle, it is all the same, just each has taken a different way to find that way. You ask this question Dearest child because we see you are a seeker, because you are searching, because you are tearing at your heart, saying now, I am ready, please. Dear One, you must simply allow yourself to say enough searching, I choose and only you can make that choice. Many blessings.

*Question:* Would you speak of the new children coming on the planet at this time?

*Archangel Zadkiel:* We **love** speaking of these children. Is it not wondrous to see these children? Little beings of crystalline energy, oh so happy to be here, and many, many, many of them will not be here too long. There will be in many, many countries a great rise in what you call birth defects, and children who will not live past 2-3 months. You must recognize it is because they are offering completion to the soul's that have been on the planet. Every single child without fail that is coming onto the planet now is 100% whole without any karmic debt, without any need to be here other than pure love, pure service, pure love, pure service, every single one without fail. Take that in, yes! (Audience says wow). And guess what?

There are more of them than there are of you in body. And so there will also be in many places, population Quaspllosion! (Audience laughter). How's that for a word, quaspllosion! Big! Huge! You go out and say, it's a quaspllosion. They'll say ok, you're ok. Yes. And so yes, there will be many more coming, many more and there will be many who will stay very short time. And there will be a great quaspllosion of energy because of their presence. Cherish these children that have chosen to come in because they are indeed much older than you. Many blessings.

OK, last one. Su'phalla, (The Benevolent Ones), are right here, big, big energy.



*Question:* Can you tell me more about a group of beings called the Illuminators?

*Archangel Zadkiel:* Hmm, what do you wish to know?

*Questioner:* Well, that's a good question, I'm not sure.

*Archangel Zadkiel:* This is why we ask. It is important for you to know, first of all, that they have many names, and that the names that you are offered are the names that come forward for you to be able to make a greater recognition of an energy pattern within your self. You, Dearest child, and the reason we take your question, not for the curiosity factor, it is because you are at the dawn of a powerful recognition within you, a huge shift, a cycle turn, an opening that has been for many cataclysmic and that will be for you, illuminating. It is time for you to step wholly into that purpose and let go of a past way of being. Everything will change for you and partnership is imminent. It is important for you to recognize that and let go of all that is unlike the truth of your being ever more. This is why you will have many names coming forward now and many groups. Stay in your presence, use your arms, use your hands, use your star consciousness and you will be empowered ever more. Many blessings, you are welcome.

### ***The Benevolent Ones begin speaking through Kira Raa...***

Hello. With Divine gratitude and blessing, we offer you today a sea of harmonic love, an ocean of understanding and a blessing that you are indeed in the perfection of your own power, recognition, love, servitude and presence.

We stand here as a multitude of 1000's today. We have brought many brethren with us so that you may receive your brethren and take them with you. They have waited eons to do this. You create tears in us, (Kira's body begins tearing profusely), for we stand humbly before you, the enlightened brethren of Su'phalla. It is a Divine dispensation of the Elohim to bring this to you now, because you will be challenged very shortly on this planet and you must know you are not alone.

We come to you now so that you may always be in Divine Union without efforting to call in Divine knowing. We offer you this gift so that you may bring it to many. We trust you to do this. We know you are and we love you beyond space, beyond time, beyond that which is of causal understanding. You are lifting into a greater presence of knowingness and being-ness, and it is in Divine servitude that we do this for you.

You must open your mouth, breathe in. Yes. Wide. (Kira's body demonstrates very wide, open jaw and mouth, yet is still able to speak). Release the jaw. (Audience members coughing). Yes, your jaws have held you from this pain. Your jaw tenses and prevents energetic connection with the Divine. **We are here and you are us as we are you.** We love you, relax.

You must connect with this open jaw again every day for 14 days. This is all and it is a lot. We are always with you, you are safe. You are safe. You are safe. You are safe. You are safe. You are safe. You are safe. You are safe. You are safe.

You are safe. You are safe. And all is well. Blessings. (The Benevolent Ones Gesture with both hands from Kira's 3<sup>rd</sup> eye, out).

### **Message from Kira Raa at end of session:**

They are saying, I am seeing and hearing: "We are the 12 Buddha's of the Golden Light, we have come forward to offer you the mudras, (Kira's hands are moving quickly in many positions), that offer you freedom and love and that which you seek may fully integrate. We humbly stand witness to this ceremony and we will be with you."

They're all bowing, they're just all bowing, saying they are witnessing you. And they're sealing this energy for you. It's all about this golden energy, this golden, golden energy and there's water. I just see water everywhere, there's tons of water. They just keep saying, we are the 12 Buddha's of the Golden Light we come to witness, we were asked to witness this event.

They keep calling this an event, that this was a date in history, a known cosmic event that has happened in many dimensions at once, you have joined forces with 11 dimensions. This was, they keep saying, this was a simultaneous broadcast, whatever that means. I can't talk...



WISDOM TEACHER

SRI RAM KAA & KIRA RAA

ANGELIC ORACLE

**Sri Ram Kaa concludes:** So in the reunion of the reintegration of the remembering of the connection, there is a kindness that you must bestow upon yourselves. It is called loving acceptance. It is called loving trust, for we are still carrying these bodies. Be oh so gentle with yourselves. Be oh so loving with yourselves. And in that, feel the love that is surrounding you, all of the ones that have come back to stand by your side, to say yes we are here, yes we know, yes we will serve together.

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